

ANNUAL REPORT 2023

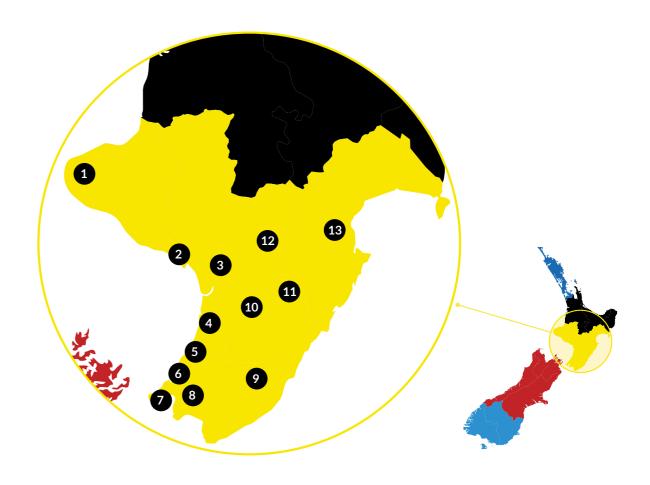




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Netball Central Zone



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Chair and CEO Report

Welcome to the 2023 Annual Report. It is our pleasure to jointly present this report on the Netball Central Zone activity during the past year.

We are extremely proud of the staff at Netball Central Zone, our Centres, Satellites, players, umpires, bench officials, committee, and board members, along with all the volunteers who deliver our game. A huge thank you to all our community, partners, and supporters for making our game so special.

The heart of our Zone is always our netball community, and collaboration is fundamental to our success. We were particularly pleased with the work of the community team, and how the relationship between Zone and Centres has flourished over the past year.

During 2023 we witnessed a bounce back in participation rates, with a 10% increase in winter membership compared to the winter of 2022. For some age groups we are now back to pre-covid participation rates. However, there is still some work to do in the Year 3-6 space with numbers below the 2019 rates. Centres have worked hard to create this bounce back and have done a phenomenal job at providing a place for our members to thrive.

As a Zone, we continue to see high levels of achievement from our umpires and bench officials. We are well represented both nationally and internationally with our umpires. Our technical officials are nationally regarded and often lead development initiatives and training both nationally and in Oceania. We have been fortunate to have Arama Jackson join the community team as Umpire and Bench Official Lead. A huge thank you to our Netball Centres and umpire coaches who volunteer to provide umpire development opportunities. We thank the technical officials for your tireless efforts, you are an integral part of our game.

Unlocking more Coach Developers to create a sustainable system continues to be something that we work on collaboratively with our Centres. Kelly Hyson provides training opportunities for new and experienced coach developers and works alongside centres to have these developers active in their local communities. A new initiative for 2023 was the Strengthen and Adapt Coach Developer programme. Netball Wellington and Netball Manawatū were lead Centres in these programmes, with a focus on getting more coaches supported locally.

Carla van de Merwe continues to do a fantastic job to fulfil the purpose of NetballSmart, a comprehensive holistic injury prevention programme. NetballSmart is now integrated into coach, player and umpire development programmes, and Carla has worked tirelessly with Centres to understand their needs and how to best align those with NetballSmart. This is often through collaboration with the other members of the Zone Community team where Carla taps into programmes they are running.

Game participation is an area where we need to maintain a strong focus. Whilst netball remains the largest participation sport for females, especially at secondary school, we cannot rest on our laurels and will need to work hard to retain our spot. We are fortunate to have Georgia Cole join our team with all thing's participation in her sights. This includes FutureFERNS, male netball, different formats, No Limits Netball, and youth voice initiatives. Georgia works with centres to create their participation goals and plans to ensure netball maintains its position as the number one choice of sport for female participation.

Our emerging talent space and work with Centres in this area has been greatly enhanced with having John Atkins on board. John is the link between community and performance and has worked with Centres on their performance and development programmes and their representative campaigns. John leads the Zones selectors to ensure we identify and support players to step up into performance.

The continued success of our performance plan ensures we remain focused on leading the country in performance on the court.

Central Manawa saw experienced players return, and new players emerge to put their hands up for selection. The team had a great build up to the season with regular match play against the Pulse and capitalised on their opportunities to overcome the Northern Comets in the Grand Final. This is Central Manawa's fifth Championship in seven seasons since the inception of the league, which is an outstanding record.

Our success within our Central Manawa programme would not be made possible without the incredible work that our Netball Centres do in ensuring opportunities for these players to learn and grow, we thank you for all your work with your performance programmes.

We were delighted to retain head coach Yvette
McCausland-Durie in what was her final year leading
Te Wānanga o Raukawa Pulse. Yvette was supported by
a strong management team with Anna Andrews-Tasola
as Assistant Coach, Nicole Missledine as strength and
conditioning coach, Waimarama Taumaunu as HighPerformance Director, Ari Carroll as physiotherapist
alongside our Team and Operations Manager Jill Clapcott
who was back for a fourth year. The team had a strong
season, but it wasn't our year, with an agonising loss in the
semi-final against the Stars.

Netball Central Zone continues to develop high numbers of Silver Ferns with Kelly Jury, Whitney Souness, Maddy Gordon, Tiana Metuarau and Amelia Walmsley being selected in the wider squad for 2023/24.

Financial sustainability remains a priority of the Board and management team. We have been able to return a strong financial result for the Zone, whilst still being able to maintain the reduced affiliation fees that we introduced some time ago. We continue to focus on a strong commercial programme around the Te Wānanga o Raukawa Pulse to ensure that this programme is self-sustaining. We are pleased to be able to continue to keep the Zone affiliation fees at reduced levels to make netball in our region accessible, whilst at the same time still operating efficiently in the Community area. This enables us to work collaboratively together to connect and inspire our communities through netball.

We are pleased to be able to continue to keep the Zone affiliation fees at reduced levels to make netball in our region accessible."

A real cornerstone of efficiency is our office manager Lenore Anderson, who consistently ensures seamless operations. This provides a strong foundation for the rest of our team to operate from, and we are grateful for her efforts

Our partnerships with funders and sponsors remain critical and the strong relationships we have with each of them allows us to continue to deliver on and off the court.

Te Wānanga o Raukawa re-confirmed their partnership with the Pulse and the Zone in 2024 for which we are very thankful. Our relationship has continued to grow and form a strong culture and learning environment for the Pulse and wider Zone team.

There are many sponsors, funders and partners who continue to support us. We feel privileged and are grateful for your continued support, and all are acknowledged within this Annual Report.

Warrick Dent
Netball Central Board Chair

Ann Hay
Netball Central CEO

NETBALL CENTRAL

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Participation

In 2023 we were fortunate to have Georgia Cole join us to lead the participation space. Georgia started in August and has been working with centres across a variety of areas within the participation space.

The Woolworths future FERNS programme continues to play a vital role in engaging tamariki with approximately 15,000 players from Year 1 to Year 8. Netball Manawatū ran a successful Woolworths future FERNS festival day in

November which had a focus to promote the programme to new tamariki and grow their participation numbers in 2024.

Rangatahi participation has experienced continuous growth, reaching approximately 7,120 players, slightly surpassing pre-COVID numbers. Georgia has been particularly dedicated to the Netball Young Leaders programme, providing a platform for young individuals to develop leadership skills and apply them in umpiring, coaching, or as netball activators in their respective centres. Numerous centres have initiated groundwork for this and will be actively participating in facilitation workshops early in 2024 to establish and run these programmes successfully.



GoodSport has taken centre stage in some of our larger centres in 2023. The primary aim is to address and diminish the persistent issues of sideline behaviour in these centres. Netball Manawatū collaborated with Sport Manawatū to implement their Pass on the Positives campaign, targeting a cultural shift within their community regarding umpire abuse. Several other centres have since seen this campaign take off and are now directing their attention to this area for the upcoming 2024 season.

The ongoing commitment to Balance is Better remains a central focus within participation, with three key areas targeted in 2023 by Netball New Zealand. These aspects align effectively in cultivating skilled players who love the game, as they have facilitated opportunities for individuals to engage in various roles such as management, coaching, umpiring, or playing positions. Numerous centres have demonstrated a readiness to embrace these opportunities by exploring new avenues. This includes male participation, the introduction of walking netball, and initiatives like NO limits.

The expansion of male participation remains an area of development as centres seek to create opportunities aligned with their community's interests. Hawkes Bay Netball has lead this by establishing a Men's competition, evolving from two teams in 2021 to five teams in 2023. Other centres are actively engaging their communities by conducting surveys to determine the most suitable direction for future initiatives in this area. The crucial aspect in this context is to sustain male participation beyond futureFERNS, providing ongoing opportunities for them to remain involved in netball.

A significant challenge we are currently addressing involves the impact of other sports on female participation, driven by increased opportunities and a broader array of sports available. Managing this influence remains an ongoing focus, and we are actively collaborating with centres to ensure the retention and continued growth of netball in 2024.

NetballSmart

NetballSmart, has made significant strides in achieving its core objectives of decreasing serious ankle and knee injuries. Nationwide, there were 2968 fewer ankle and knee claims in 2022 compared to 2018, which is a fantastic achievement.

In addition to reducing injuries, NetballSmart has improved player wellbeing through the introduction of SmartHealth, SmartPlayer and SmartParent resources and workshops. In collaboration with the zone's coach lead and Pulse manager these workshops have been successfully delivered in centres in conjunction with centre representative programmes.

A further aim of the programme is to create physically resilient athletes who can meet the demands of the game. We have achieved this through ongoing coach and umpire education and working with centres to incorporate this in their performance and talent programmes.

Performance

The 2023 season was a moderately successful one for Netball Central Zone. Our premier team. Te Wānanga o Raukawa Pulse, finished a disappointing third in the ANZ Premiership losing an agonisingly close semi-final battle with the Stars by one goal to deny us another final's opportunity. However, our second team. Central Manawa. won the National Netball League again, notching up an impressive fifth title. Moreover, on the back of some stand out performances by individuals, we have continued to produce the most Silver Ferns, Development Squad members and Under 21 Squad members of any Zone in the country.

We were all incredibly proud that Netball Central Zone was represented in so many ways at the recent Netball World Cup, held in Cape Town in July 2023. As well as our Silver Ferns Kelly, Maddy, Whitney and Tiana; we had Salote Taufa, Silia Setefano and Catherine Latu playing for Tonga and coached by Netball Taranaki General Manager, Jaqua Pori-Makea-Simpson; Yvette McCausland-Durie was the assistant coach for Fiji; and umpires Angela Armstrong-Lush, Ken Metekingi and Gareth Fowler performed $out standingly, with \ Gareth \ and \ Angela \ umpiring \ the \ final.$

In the Emerging Talent space, Netball Central Zone continues to have a strong presence. Netball Wellington Centre won the 2023 Under 18 National Championships; five of our most talented junior players achieved a place in the New Zealand Secondary School team; and St Marys College achieved a creditable third placing at the 2023 National Secondary Schools Championships.

These achievements support our ongoing efforts in pursuit of our vision of being the pre-eminent Netball Zone in New Zealand.

We recognise that we could not do this work without the quality and efforts of our members, both paid and voluntary, from across the Zone. We are enormously grateful to the Centre General Managers, Development Officers, Selectors, Coaches, Officials, Umpires and all the other support staff and volunteers who have managed to deliver community netball while also delivering some excellent development opportunities to the emerging talent across the Zone.



In the Emerging Talent space, Netball Central Zone continues to have a strong presence."

2023 Netball New **7**ealand Awards

We acknowledge the success of the following Central Zone people who were recognised at the 2023 Netball New Zealand Awards.

Dame Lois Muir Supreme Award:

Kelly Jackson (nee Jury)

Men's Player of the Year:

Thomson Matuku

ANZ Premiership Player of the Year:

Maddy Gordon

ANZ Premiership Umpire of the Year:

Gareth Fowler

Synergy Hair Netball League Coach of the Year:

Ngarama Milner-Olsen

Synergy Hair Netball League Umpire of the Year:

Caleb Binns

Volunteer Champion of the Year:

Noeline Fisher, Kapi Mana

Volunteer of the Year award - Highly Commended:

Martha Taru, Wellington



Te Wānanga o Raukawa Pulse

The 2023 season was the end of an era with our head coach Yvette McCausland-Durie signing off her third term with us.

It wasn't the ending we were hoping for, with our narrow loss to the Stars in the elimination final denying us another chance at the title.

We had some significant milestones during the season with Joyce and Fa'amu making their Central Pulse debut.

Jill Clapcott reached her 50-game milestone, and we celebrated four centurions, Tiana Metuarau, Kelly Jury,

Whitney Souness and Kristina Manu'a (SSN and ANZP). We are fortunate to have this level of experience in our team.

The ongoing connection between Manawa and Te Wānanga o Raukawa Pulse is vital to the success of both programmes, and we are extremely grateful to the Central Manawa team management and players for their support.

ROUND	OPPOSITION	SCORE	W/L
1	Magic	53 - 52	Win
2	Steel	57 - 37	Win
3	Stars	51 - 59	Loss
4	Tactix	49 - 50	Loss
5	Magic	47 - 48	Loss
6	Mystics	51 - 56	Loss
7	Stars	58 - 44	Win
8	Mystics	55 - 53	Win
9	Steel	62 - 38	Win
10	Stars	64 - 62	Win
11	Steel	44 - 43	Win
12	Tactix	54 - 45	Win
13	Magic	50 - 49	Win
14	Mystics	62 - 56	Win
15	Tactix	45 - 54	Loss
Elim. Final	Stars	52 - 53	Loss

TE WĀNANGA O RAUKAWA PULSE 2023

Joyce Mvula
Kelly Jury (co-captain)
Maddy Gordon
Tiana Metuarau (co-captain)
Kristiana Manu'a
Whitney Souness
Amelia Walmsley
Ainsleyana Puleiata
Fa'amu Ioane
Parris Mason

Management

Yvette McCausland-Durie Head Coach
Anna Andrews-Tasola Assistant Coach/Specialist Coach
Jill Clapcott Operations and Team Manager
Ari Carroll Physiotherapist
Waimarama Taumaunu High Performance Director/
Specialist Coach
Nicole Misseldine Strength and Conditioning
Anna MacQuarrie Nutrition

Dessi Broughton Performance Analyst
Tusha Penny Mana Group Lead
Luke Rowe Mental Skills
lain Saunders Psychology Support
Jane Emerson NZNPA Relationship Manager

Training Partners

Khiarna Williams Kiana Pelasio

Apprentice Players

Rachel Price Madison Thomas



Central Manawa

Central Manawa were back to their winning ways in 2023 lead by a new management team. Ngarama Milner-Olsen, who had been an Assistant coach in 2022, was the new head coach. She was supported by two new assistant coaches, Cushla Lichtwark and Renee Matoe. Cushla is an ex-captain and player for the Pulse (2008-2011) and Renee was captain of the successful 2022 Manawa team.

The 2023 NNL season commenced with two monitoring sessions in late 2022 held in Wellington and Palmerston North, followed by a final trial in mid-January 2023. 16 players were selected from this trial for the Manawa training squad. This included 12 Wellington based players, 3 from Manawatu and one from Taranaki who relocated to Wellington.

The season started with a double header in Wellington versing the Southern Blast and resulted in two wins – 52-35 on Saturday, followed by a hard fought 33-31 win on the Sunday afternoon. The five subsequent round robin games were a mixed bag with 2 wins and 3 losses, but was enough to secure a place in the final for Central Manawa.

The Grand Final resulted in a come from behind win 45-43 for Manawa over the Northern Comets to secure the fifth National title for Central Zone. The Central team had a great mixture of youth and experience, and it was pleasing to see five players in the 2023 Manawa team named in the NZ U21 squad for 2024. With the retention of 12 players from previous Manawa teams, the prospects for 2024 look promising.

GAME	OPPOSITION	SCORE	W/L
1	Southern Blast	52 - 35	Win
2	Southern Blast	33 - 31	Win
3	Northern Comets	52 - 38	Win
4	WaiBOP	37 - 46	Loss
5	Northern Marvels	53 - 44	Win
6	Mainland	40 - 42	Loss
7	Northern Marvels	46 - 56	Loss
Final	Northern Comets	45 - 43	Win



The Central team had a great mixture of youth and experience..."



Secondary Schools and Talent Development

John Atkins, our Emerging Talent Lead has enhanced our talent development and identification space through strong connections with centres performance programmes and leading a team of scouts.

All Age-grade tournaments in our Zone were attended by at least one NCZ selector in 2023. This included the Marjorie Jenden tournament in Wellington, WCC U16 tournament in Wairarapa, Dale Wortman U18 tournament in Wellington, Betty Steffenson tournament in Palmerston North, Whanganui U14 and U16 tournament, and the North Island Junior Champs in New Plymouth. The NNZ U18 National tournament in Hamilton and the Lower North Island Secondary Schools tournament in Wellington were also attended. This enabled the selectors to view a wide range of teams and players from across our Zone.

In 2023, we worked with Centres to continue the performance programs. The new performance programme introduced at Kāpiti was well attended and the players showed improvement during the year. The Hawkes Bay performance programme was affected by cyclone Gabrielle and attendance was difficult due to road closures and detours. Some Napier based players attended strength and conditioning sessions at a gym in Napier to minimise the travel time to Hastings. The established performance hub in Wellington run by Sandra Edge continues to go from strength to strength. As a result of the mahi in centres we had five players named in the New Zealand Secondary Schools squad, one from Hawkes Bay, one from Wairarapa and three from Wellington.

In growing the Zone's emerging talent base to help us achieve our goal of producing a home-grown Pulse team that wins, we held a 'North Zone' tournament for Secondary School players in Year 12 or under in Palmerston North on the 14th of October. Teams for this event consisted of a Taranaki team, a Hawkes Bay team and two 'Northern Zone' composite teams made up of players from Whanganui, Manawatū, Wairarapa, Horowhenua, Dannevirke and Kāpiti.

A second tournament was held in Wellington on the 15th of October with teams from Hutt Valley, Kapi Mana and two teams from Wellington competing. All games were competitive, and these games assisted in selecting the players who were invited to the NCZ Advanced Camp.

Netball Central Zone Advanced Camp was held in Palmerston North on the 28th and 29th of October at Massey University. We were delighted to be able to offer performance extension activities to our most talented young players. A selected group of 30 secondary school players attended the overnight camp with the National Netball League extended squad attending fitness testing on day 1. From this Camp, NCZ nominated 22 players to NNZ to attend the National Development Camp to be held in Hastings on 27-29 January 2023. A total of 20 players were invited to the National Development Camp by Netball NZ.

As a result of grant funding from the Pub Charity, and in keeping with our goal of reducing barriers to performance, Netball Central Zone was able to offer the PULSE Talent Development Programme free of charge to all participants. We are enormously grateful to the Pub Charity for their support.

Performance Results 2023

SECONDARY SCHOOLS COMPETITIONS

The Lower North Island Secondary School competition was held in Wellington in 2023.

The five schools to qualify for the NNZ Secondary Schools Championships, with their final National Placings in brackets, were:

1st place - St Marys Wellington (3rd)

2nd place - Napier Girls High School (11th)

3rd place - New Plymouth Girls High School (14th)

4th place - Tawa College (10th)

5th place - Queen Margaret College Wellington (16th)

NATIONAL AND REGIONAL AGE GRADE **COMPETITIONS**

The National Under 18 and North Island Junior Netball Championships were well attended by teams from Netball Central Zone's Centres. With the change in delivery date of the U14 Player Development program to later in the year for Wellington, Hutt Valley and Hawkes Bay, these Centres do not send U14 teams to the North Island Junior Netball Championships.

EnviroWaste North Island Junior Netball Championships 2023

The U14/U16 Championships took place on 2-4 July 2023 in New Plymouth hosted by Netball Taranaki Centre. An U14 A & B grades, U16 A, B & C grades and an U16 mixed grade were played in this year's tournament.

NCZ provided coach support at the North Island Junior Champs and 'courtside korero' pre and post games were held with 18 Central Zone coaches and the NCZ Head of Selectors in both the U16 and U14 grades.

U16 A Grade

16 teams competed in this grade, with 7 teams from Netball Central Zone. The winning team was Netball Waitakere 1. Northern Zone teams dominated the grade this year with Eastern Bay of Plenty, Howick Pakuranga, Auckland and North Harbour rounding out the top five places.

6th place - Netball Manawatū Centre U16 Green 7th place - Netball Wellington Centre U16 Black

10th place - Netball Kapi Mana Centre U16 Maroon 11th place - Netball Hutt Valley Centre U16

12th place - Netball Wellington Centre U16 Gold

13th place - Oxygen Hawkes Bay Netball Centre U16 Black

14th place - Netball Kāpiti Centre

U16 B Grade

16 teams competed in this grade, with 4 teams from Netball Central Zone. This grade was won by Rotorua with Pukekohe coming second. Both teams were promoted to A grade for 2024.

3rd place – Netball Manawatū Centre U16 White

6th place - Netball Wairarapa Centre

7th place – Netball Taranaki Centre

9th place - Netball Whanganui Centre Tupuarangi U16

U16 C Grade

9 teams competed in this grade with 2 teams from Netball Central Zone. This Grade was won by Eastern Waikato

2nd place - Netball Kapi Mana Centre U16 Blue (Promoted to B grade for 2024)

8th place - Netball Whanganui Centre Tupuanuku U16

U16 Mixed Grade

4 teams competed in this grade with 1 from Netball Central Zone. Horowhenua had one male player which put Horowhenua into the mixed grade. All other teams in this grade had at least 4 male players in their teams. This Grade was won by Netball Taranaki U16 Mixed.

3rd place - Netball Horowhenua Centre U16

U14 A Grade

16 teams competed in this grade with 6 teams from Netball Central Zone. This Grade was won by Netball North Waitakere.

3rd place - Netball Kapi Mana Centre U14

6th place – Netball Manawatū Centre U14 Green

8th place - Netball Taranaki Centre U14 A

9th place - Netball Whanganui Centre Waita U14

13th place - Netball Taranaki Centre U14 Development

15th place - Netball Manawatū Centre U14 White

U14B Grade

14 teams competed in this grade with 5 teams from Netball Central Zone. This Grade was won by Netball Auckland.

5th place - Netball Wairarapa Centre U14 8th place - Netball Dannevirke Centre U14

9th place - Netball Manawatū Centre U14 Black

12th place - Netball Horowhenua Centre U14

13th place - Netball Whanganui Centre Waiti U14

The following players were selected for U16 A & B Championship Team (Tournament Teams) from NCZ:

U16 A Grade Championship Team

Brook Tongia - Netball Wellington Centre U16 Black Fo'i Sa'u Lemana - Netball Wellington Centre U16 Black

U16 B & C Grade Championship Team

Maggie Shields - Netball Wairarapa Centre U16

CELEBRATION BOX NETBALL NEW ZEALAND U18 NATIONAL CHAMPIONSHIPS 2023

The NNZ U18 National championships took place from 10-13 July in Hamilton and were hosted by the Hamilton Netball Centre. 9 teams from Netball Central Zone competed in this national tournament, comprising of 8 pools and 34 teams across the country. An U17 Men's competition was run in conjunction with the U18 Champs. Two teams from Netball Central Zone competed in this national tournament. Wellington won the NNZ U18 Champs beating Hamilton City 25-23 in the final. Wellington had an exciting semifinal to beat Waitakere 36-35 in extra time in an excellent performance. All Central Zone teams were observed at least twice by NCZ Head of Selectors.

1st place - Netball Wellington Centre Black 11th place - Kapi Mana Netball Centre U18 13th place - Hawkes Bay Netball Centre 15th place - Netball Hutt Valley Centre U18 16th place - Netball Wellington Centre U18 Gold 18th place – Netball Manawatū U18 Green 27th place - Netball Wairarapa Centre U18 28th place - Netball Taranaki Centre U18 31st place - Netball Kāpiti Centre U18

There was no tournament team named.

U17 Men's Grade

3rd place - Netball Hutt Valley Centre 4th place - Netball Dannevirke Centre

PLAYERS SELECTED IN NATIONAL **TEAMS 2023**

New Zealand Secondary Schools Team 2023

Sovaia Sabutu (Wairarapa College) Zoe Elliott (Woodford House) Sarah Guiney (Samuel Marsden Collegiate) Phoenix Schwalger (St Mary's Wellington) Zara Feaunati (Scots College Wellington)

Aotearoa Māori Secondary Schools Team 2023

Te Arani Vulu (Ikaroa ki te Tonga and St Marys College) Sarah Guiney (Ikaroa ki te Tonga and Samuel Marsden Collegiate)

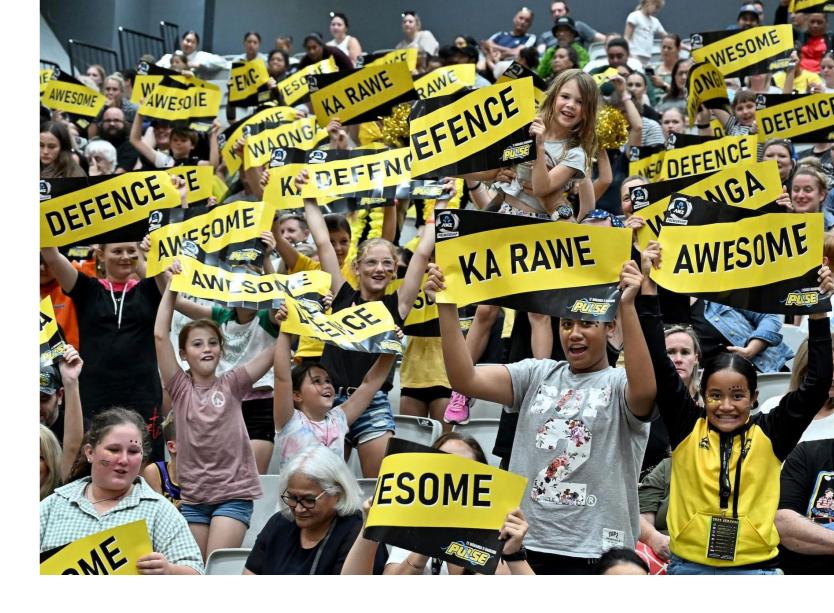
Breearn Wilson (Ikaroa ki te Tonga and Tawa College) Pirihira Balt (Ikaroa ki te Tonga and Mana College) Mya Mahony (Ikaroa ki te Raki and Manukura)

New Zealand U21 Squad 2023

Amelia Walmsley (Central Pulse) Sarah Guiney (Central Manawa) Phoenix Schwalger (Central Manawa) Madison Thomas (Central Manawa) Rachel Price (Central Manawa) Caitlin Lafaele

NATIONAL COACHING AND MANAGEMENT APPOINTMENTS

Jill Clapcott Netball New Zealand Under 21 Team - Manager Pelesa Semu Netball New Zealand Secondary Schools Head Coach. Ngarama Milner-Olsen Aotearoa Māori Netball Secondary Schools Team Head Coach



PLAYERS SELECTED TO ATTEND **NETBALL NEW ZEALAND NATIONAL DEVELOPMENT CAMP JANUARY 2024**

NNZ NDC24 Central will take place on 27-29 January 2024 at the Pettigrew-Green Arena in Napier. A total of 21 Secondary School players from Central Zone have been invited to attend this camp:

Anika Barham (Hawkes Bay Netball) Ateliana Polu (Netball Wellington) Baylee Meroiti (Kapi Mana Netball) Breearn Wilson (Netball Wellington/Kapi Mana) Cara McCully (Netball Wellington) Destiny Aleka (Netball Wellington) Elizabeth Adrole (Netball Manawatū/Whanganui) Fo'i Sa'u Lemana (Netball Wellington) Graecyn Parahi (Hawkes Bay Netball)

Hannah Field (Hawkes Bay Netball) Jamie Hokianga (Kapi Mana Netball) Kahurangi Skudder (Netball Manawatū) Macy Mahoney-Studd (Netball Wellington) Madison Petley (Netball Whanganui) Maggie Shields (Netball Wairarapa) Rona Arahanga-Ruri (Netball Wellington) Rose Time-Taotua (Kapi Mana Netball) Sovaia Sabutu (Netball Wairarapa) Tapini Raea (Netball Wellington) Te Arani Vulu (Netball Wellington) Teuila Bennis (Netball Wellington)

Phoenix Schwalger, Netball Wellington, is also eligible for the NZSS team in 2024. However, Phoenix is exempt from attending NDC due to loading issues. Phoenix has a NZ U21 Camp the week prior to the NDC.

NETBALL CENTRAL Annual Report 2023



Community Coaching

Our focus on building and nurturing sustainable locally-lead learning development for coaches continued to spark creative ways to deliver opportunities. 2023 saw NCZ leading the way in growing coach developers across the zone. Coach developers are a fundamental piece of the system that enables quality coach development to occur at a local and regional level.

Netball Wellington ran a successful cohort of coaches with several attaining their Community Coach Level 1 and 2 Awards. The success of the programme was highlighted by the level of engagement of the coaches and their willingness to be involved in coach roles across the Centre during and post-programme. An additional positive outcome was that a number of coaches who completed the programme, continuing their professional development by attending one of the Introductory Coach Developer workshops held in November.

Netball Taranaki commenced a mentor programme for their representative coaches. The 2 mentors were provided professional development through Sport Taranaki and worked closely with a group of coaches. They provided training and game-day support with positive feedback received from coaches and mentors.

A number of Centres continue to provide coach development opportunities alongside player development programmes. These opportunities positively impact the skill, knowledge and retention of coaches. Finding coaches at all levels is an ever-present challenge for all sports, so providing environments where coaches feel valued and supported is reaping positive benefits in those Centres who are investing time and effort in communities of support and providing quality development opportunities.

Netball Central continued to provide several online learning workshops. Online is the preferred method of delivery of several workshops given their level of accessibility. In the latter part of 2023, these workshops were well attended by coaches from all around the county, although initially targeted at Central coaches. These workshops also provided professional development opportunities for new coach developers to co-facilitation with Coach Leads from other zones.

The Pulse Roadshows received a refresh in 2023. Together, community and performance looked at how we could maximise these sessions to better engage the community and provide coach development at the same time. With a revamped approach to the Roadshow, coaches observed the Pulse players coaching tamariki and rangatahi utilising Netball New Zealand resources with guided support from Carla (NetballSmart) and Kelly (Coach Lead).

We were fortunate to have both Leigh Gibbs and Waimarama Taumaunu providing practical workshops for many of our coaches. Along with observations of Central Manawa and Silver Ferns training sessions (including a Q&A with Dame Noeline) and a session on building resilience with Kathryn Berkett, Central coaches received a wide range of learning and development opportunities throughout the year.

To enable more coaches to be impacted more often at the local level, Netball Central continued to grow capability through its Coach Developer training and support.

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Following on from our first in-house Coach Developer training in 2022, we successfully lead 3 Introductory Coach Developer workshops in 2023. These were once again, collaborative efforts with Trainers supporting us from Sport Hawkes Bay (Tim Motu), Netball Manawatū (Ashleigh-Kate Araroa-Waerea), Netball New Zealand (Garratt Williamson) and Touch NZ (George Jahnke). We truly value the relationships we have with each of these Trainers and the organisations they represent. Without them, our ability to reach the number of new coach developers that we did, is limited. The 2023 workshops reached 21 new player-coach developers with 10 new umpire-coach developers also attending the introductory training.

The roll out of the Strengthen and Adapt contracts in 2023, saw clusters of Centres being brought together with a view of collaborative coach development. Both Manawatū and Wellington are working with Netball Central and their cluster centres, to deliver and support learning and development at the local level. Additionally, we are all working together to grow capability so that local coach development is sustainable.



The Pulse Roadshows received a refresh in 2023. Together, community and performance looked at how we could maximise these sessions to better engage the community and provide coach development at the same time."

Congratulations to those who achieved their Level 1 or 2 Award in 2023.

CCA Level 1: Bernie O'Donnell, Elizabeth Manu, Jamilah Palu, Lauren Smith, Mere Wilson, Riz Firestone, Samantha Hannah, Julia Roberts – (Wellington).

CCA Level 2: Anne Waititi (Kapi Mana), Sophie Verstraten (Wairarapa), Ariki Toma (Wellington), Bernie O'Donnell (Wellington), Elizabeth Manu (Wellington), Jamilah Palu (Wellington), John Neho (Wellington), Lauren Smith (Wellington), Mere Wilson (Wellington), Michelle Montgomerey (Wellington), Riz Firestone (Wellington), Samantha Hannah (Wellington), Sharon Bowler (Wellington), Julia Roberts (Wellington), Ponifasio Smith (Hutt Valley).

Netball Central Zone would like to acknowledge the great work from our Community Coach Developers who have provided learning and development for community coaches in 2023: Sue Geale, Maria Hegarty, Sandra Edge, Carmell Wagg, Ashleigh-Kate Araroa-Waerea, Tash Taylor, Kat Kerr, John Atkins, Michaela Darmody, Rebecca Huddelston (Boyd), Jaimee Bialy, Anania Kerehoma-Cook and Piri Robinson. We would also like to thank those who spend time developing and growing and supporting community coaches in an informal capacity.



Umpire and Bench Officiating

Umpires from Netball Central Zone have continued to show success nationally and internationally. A total of five Umpires from our Zone were appointed to the National Squad and three Umpires were appointed to the Zone watchlist.

Kirsten Lloyd and Ann Hay were national umpire selectors, with Kirsten named as a coach and Ann as a performance reviewer. Kelly Herbert continued her role as a National Watchlist Coach.

There was great representation from Central Zone at the 2023 NZ Police Open Championships in Dunedin. Eight Umpires were appointed to the tournament, highlighted by Marly Howard reserving the final and Umpire Coach Kirstyn Lloyd on the panel.

Central Zone was well represented at the Celebration Box U18 Champs with 9 umpires and 2 umpire coaches appointed. Special mention to Liam Minhinnick who reserved the final.

Congratulations to Lockie McLaren and Hayes Andrew (reserve) who debuted in the National Netball League.
All three umpires appointed to the final were from
Central Zone - Caleb Binns, Marly Howard, and Gracey
Farquharson, which is a testament to the hard work and dedication by these umpires and umpire coaches.

Angela Armstrong-Lush, Gareth Fowler, and Ken Metekingi were appointed to the 2023 Netball World Cup and all appointed to the final which is a significant achievement.



Netball Central Zone has continued with the Advanced and Developing Squads. We are fortunate to have Kate Smith lead our Developing Squad program. Umpires from both squads have shown great growth and we look forward to watching them develop in years to come.

BENCH OFFICIALS

Annual Report 2023

We are fortunate to have a pool of amazing and dedicated bench officials who officiate all our pre-season, home NNL and ANZ games. This group is ably lead by Bernice Roberston, Julie Shaw and Lisa Aull. Lisa was appointed by Oceania netball to train bench officials for the Pacific Games in Solomon Islands, which demonstrates the regard in which she is held.

UMPIRE APPOINTMENTS AND AWARDS

2023 National Umpire Squad

Angela Armstrong-Lush

Caleb Bins Gareth Fowler Marly Howard Ken Metekingi

Coaches: Kirsten Lloyd, Ann Hay

2023 National Umpire Watchlist

Amelia Wheeler Hayes Andrew Lockie McLaren Coach: Kelly Herbert

Zone Advanced Umpire Squad

Amelia Wheeler Hayes Andrew Jane Hickmott Jessica Williams Lockie McLaren Megan Jamieson

Coaches: Ann Hay, Gareth Fowler, Kelly

Herbert

Zone Developing Umpire Squad

AJ Brown
Aleisha Cotton
Briar Pawson
Desterney Reid
Donna Plasmeyer
Felicity Hughes
Frances Bacon
Jasmine Persson
Kyra Tikitiki
Sarah Orr
Tapeni Simmons

Toni Manuel Coaches: Kate Smith, Sarah Littler,

Greg Barbet Appointments

Angela Armstrong-Lush ANZ (Final), World Cup (Final) South Africa v England

Gareth Fowler ANZ (Final), World Cup (Final), Quad Series

Ken Metekingi ANZ, World Cup (Final, reserve) England v Jamaica

Caleb Binns SHNL (Final), NZ Opens Marly Howard SHNL (Final), ANZ Premiership, NZ Opens (Final, reserve)

Gracey Farquharson SHNL (Final, reserve), ANZ Premiership Lockie McLaren SHNL, NZ Opens Amelia Wheeler NZ Opens NZSS Hayley Taylor NZ Opens NZSS Liam Minhinnick U18's (Final, reserve).

Hayes Andrew SHNL Reserve, NZSS

Liam Minninnick 018 s (Finai, reservi NZ Opens

Desterney Reid U18 Nationals AJ Brown U18 Nationals, NZSS

AL Fox U18 Nationals

Courtney McCrostie U18 Nationals

Donna Plasmeyer U18 Nationals, NZSS

Felicity Hughes U18 Nationals Hayley Taylor U18 Nationals Melissa Price U18 Nationals

Tapeni Simmons U18 Nationals

Central Zone Umpire Selectors

Angela Armstrong-Lush

Rhys Egan U18 Nationals

Ann Hay Anna Brookie Anne Blomfield Gareth Fowler Kate Smith Linda Liggans Sandy Phear

Central Zone Umpire Coach Developers

Amelia Wheeler Angela Armstrong-Lush

Ann Hay
Anne Blomfield
Annette Parkinson
Caleb Binns
Gareth Fowler
Karen Eliason

Kate Smith Kelly Herbert Linda Liggins Lisa Aull

Margaret Kaihe-Woolston

Sandy Phear Sarah Littler Sarah Orr Tania Slinn

BENCH OFFICIAL APPOINTMENTS

ANZ Premierships

Annette Ward Adelaide Burgess Bernice Robertson Claire Jamieson Christine Walker Denise Pearse Jessica Scott Greg Barbet

Judith Smith
Julie Shaw
Kenzie Turnbull
Kora Pene
Lisa Aull
Maria Bater

Phillip Tamatea Paula Simpson Robyn Rickards Sarah Love

Synergy Hair Netball League

Annette Ward
Adelaide Burgess
Bernice Robertson
Claire Jamieson
Denise Pearse
Jessica Scott
Greg Barbet
Judith Smith
Kora Pene
Lisa Aull
Maria Bater

NZ Open Champs

Kenzie Turnbull Sarah Love

Phillip Tamatea

Paula Simpson

Robyn Rickards

Sarah Love

NZSS

Adelaide Burgess Christine Walker Phillipa Tamatea

Taini Jamison

Annette Ward Jessica Scott Kora Pene Robyn Rickards

Fast 5

Bernice Roberston
Denise Pearse
Greg Barbet
Jessica Scott
Lisa Aull

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INDEPENDENT AUDITOR'S REPORT

To the members of Netball Central Zone Incorporated



INDEPENDENT AUDITOR'S REPORT

To the members of Netball Central Zone Incorporated

Report on the Audit of the Special Purpose Financial Statements

OPINION

We have audited the financial statements of Netball Central Zone Incorporated ('the Society') on pages 4 to 8, which comprise the special purpose statement of financial position as at 30 November 2023, and the special purpose statement of financial performance and special purpose statement of movements in equity for the year then ended, and the special purpose notes to the financial statements, including significant accounting policies.

In our opinion, the accompanying special purpose financial statements present fairly, in all material respects, the financial position of the Society as at 30 November 2023, and its financial performance for the year then ended in accordance with the Basis of Reporting per Note 1.

Our report is made solely to the Members of the Society. Our audit work has been undertaken so that we might state to the Members of the Society those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Members of the Society as a body, for our audit work, for our report or for the opinions we have formed.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (New Zealand) ('ISAs (NZ)'). Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Society in accordance with Professional and Ethical Standard 1 (Revised) International Code of Ethics for Assurance Practitioners (including International Independence Standards) (New Zealand) issued by the New Zealand Auditing and Assurance Standards Board and the International Ethics Standards Board for Accountants' International Code of Ethics for Professional Accountants (including International Independence Standards) ('IESBA Code'), and we have fulfilled our other ethical responsibilities in accordance with these requirements and the IESBA Code. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other than in our capacity as auditor we have no relationship with, or interests in, Netball Central Zone Incorporated.

EMPHASIS OF MATTER - BASIS OF ACCOUNTING AND RESTRICTION ON DISTRIBUTION AND USE

We draw attention to Note 1 of the special purpose financial statements, which describes the basis of accounting. The special purpose financial statements are prepared at the request for Board of Members of the Society for presentation to the Members of the Society. As a result, the special purpose financial statements may not be suitable for another purpose. Our report is intended solely for the Members of the Society and should not be distributed to parties other than the Members of the Society. Our opinion is not modified in respect of this matter.

RESPONSIBILITIES OF THOSE CHARGED WITH GOVERNANCE FOR THE SPECIAL PURPOSE FINANCIAL STATEMENTS

Those Charged with Governance are responsible on behalf of the Society for the preparation and fair presentation of the special purpose financial statements in accordance with the Basis of Reporting per Note 1, and for such internal control as Those Charged with Governance determine is necessary to enable the preparation of the special purpose financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the special purpose financial statements, Those Charged with Governance are responsible on behalf of the Society for assessing the Society's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless Those Charged with Governance either intend to liquidate the Society or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE SPECIAL PURPOSE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the special purpose financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (NZ) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these special purpose financial statements.

A further description of the auditor's responsibilities for the audit of the special purpose financial statements is located at the External Reporting Board's website at: https://www. xrb.govt.nz/assurance-standards/auditors-responsibilities/ audit-report-8/

Baker Tilly Staples Rodung

BAKER TILLY STAPLES RODWAY AUCKLAND

Auckland, New Zealand 3 March 2024

SPECIAL PURPOSE STATEMENT OF FINANCIAL PERFORMANCE

for the year ended 30 November 2023

	NOTE	NCZI 2023 \$000	NCZI 2022 \$000
Operating Revenue	3	2,469	2,304
Operating Expenses	3	2,245	2,234
OPERATING SURPLUS		224	70
NET SURPLUS FOR THE YEAR		224	70

SPECIAL PURPOSE STATEMENT OF MOVEMENTS IN EQUITY

for the year ended 30 November 2023

		NCZI 2023 \$000			NCZI 2022 \$000	
	ACCUM FUNDS	NCZ RESERVE	TOTAL	ACCUM FUNDS	NCZ RESERVE	TOTAL
Members Equity at beginning of year	238	350	588	168	350	518
Movements for the year						
Operating Surplus for the year	224	-	224	70	-	70
Transfers to Reserves	-	-	-	-	-	-
TOTAL MOVEMENTS FOR THE YEAR	224		224	70	-	70
MEMBERS EQUITY AT END OF YEAR	462	350	812	238	350	588

The notes on pages 26–28 form part of, and should be read in conjunction with these financial statements.

SPECIAL PURPOSE STATEMENT OF FINANCIAL POSITION

as at 30 November 2023

NOTE	NCZI 2023 \$000	NCZI 2022 \$000
Assets		
Cash and cash equivalents	1,009	822
Accounts Receivable	26	110
Prepayments and Inventory	64	41
TOTAL CURRENT ASSETS	1,099	973
Plant and Equipment 5	6	4
TOTAL NON CURRENT ASSETS	6	4
TOTAL ASSETS	1,105	977
TOTAL ASSETS Members Equity	1,105 812	977 588
	·	
Members Equity	·	
Members Equity Liabilities	812	588
Members Equity Liabilities Creditors and Accruals 4	93	588
Members Equity Liabilities Creditors and Accruals 4 Income Received in Advance	93 181	129 247

On behalf of the board

Warrick Dent (Board Chair)

Date: 3 March 2024

The notes on pages 26–28 form part of, and should be read in conjunction with these financial statements.

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NETBALL CENTRAL

NOTES TO THE FINANCIAL STATEMENTS

for the year ended 30 November 2023

1. Accounting Policies

REPORTING ENTITY

Netball Central Zone Incorporated (NCZI) is an Incorporated Society in New Zealand, incorporated in 2012. NCZI is a Public Benefit Entity. The special purpose financial statements have been prepared in accordance with s23(i) of the Incorporated Societies Act 1908.

The following is a summary of the material accounting policies adopted in the preparation and presentation of the special purpose financial statements. The accounting policies have been consistently applied, unless otherwise stated.

BASIS OF REPORTING

The special purpose financial statements have been prepared applying the accounting principles of accrual accounting and double entry accounting. The special purpose financial statements have been prepared on the basis of historical cost. The special purpose financial statements comprise of Special Purpose Statement of Financial Position, Performance, Movements in Equity and accounting policies as well as the notes to these statements. The special purpose financial statements are presented in New Zealand Dollars (NZ\$).

GOING CONCERN

The special purpose financial statements have been prepared on a going-concern basis, which contemplates continuity of normal business activities and the realisation of assets and the settlement of liabilities in the ordinary course of business. The Members consider it appropriate for these special purpose financial statements to be prepared on a going concern basis.

GOODS AND SERVICES TAX

Figures shown in these special purpose financial statements are exclusive of GST, with the exception of accounts receivable and accounts payable.

REVENUE RECOGNITION

The revenue from sponsorship contracts is allocated over the term of the contract. The revenue from grants that are project specific is recognised when the project occurs.

CONTRA

Contra received is to recognise in-kind contributions. They are recognised as sponsorship revenue when amounts are quantifiable in terms of the sponsorship contract.

ACCOUNTS RECEIVABLE

Annual Report 2023

Accounts Receivable are shown at an amount which represents their estimated realisable value.

PLANT, EQUIPMENT AND DEPRECIATION

Plant and Equipment is stated at cost less accumulated depreciation. Plant and Equipment have been written off over their estimated useful lives on a straight line basis to calculate the depreciation charge for the period as follows:

Equipment 2-5 years **Furniture and Fittings** 2-15 years IT Equipment 2-5 years

INVENTORIES

Inventories are recognised at the lower of cost or net realisable value on a first-in-first-out basis.

UNIFORMS

Uniforms are expensed at the time of purchase.

TAXATION

NCZI is a Non-profit body for taxation purposes under section CW 46 of the Income Tax Act 2007 and as such no taxation is payable on the profit for the year.

CASH AND CASH EQUIVALENTS

Cash and cash equivalents include cash on hand and at banks, short-term deposits with an original maturity of three months or less held at call with financial institutions.

CHANGES IN ACCOUNTING POLICIES

There has been no change in accounting policies during the year and they have been applied on a consistent basis.

2. Contingent Liabilities and Commitments

COMMITMENTS UNDER NON-CANCELLABLE OPERATING LEASES	NCZI 2023 \$000	NCZI 2022 \$000
Not later than one year	10	39
Later than one year and not later than five years	6	6
TOTAL OPERATING LEASE COMMITMENTS	16	45

3. Operating Surplus

OPERATING SURPLUS INCLUDES:	NCZI 2023 \$000	NCZI 2022 \$000
Income		
Sponsorship	716	667
Membership	371	356
Event Income	335	202
Funding	990	1,025
Expenses		
Audit Fees	-	-
Depreciation	-	3
Rental and operating lease expenses	35	35

Audit fees have been paid for by Netball New Zealand.

NETBALL CENTRAL

4. Creditors and Accruals

	NCZI 2023 \$000	NCZI 2022 \$000
Trade Creditors	26	56
Accruals/Other Creditors	68	73
TOTAL CREDITORS AND ACCRUALS	93	129

5. Plant and Equipment

	NCZI 2023 (\$000)					20	CZI 122 100)	
	COST	DEPN	ACCUM DEPN	BOOK VALUE	COST	DEPN	ACCUM DEPN	BOOK VALUE
Furniture and Fittings	2	-	2	-	2	-	(2)	-
IT Equipment	24	3	18	6	22	3	(18)	4
TOTAL PLANT AND EQUIPMENT	26	3	20	6	24	3	(20)	4

6. Board Honoraria

Board Honoraria of \$12,000 was paid in 2023. (2022: \$12,000)

7. Subsequent Events

There has been no events subsequent to balance date that would have a material impact on the special purpose financial statements. (2022: Nil)

8. Related Party Transactions

During the year the Zone recognised no sponsorship and funding from organisations where a board member has a governance or key management role. (2022: Nil)

9. Netball Central Reserve

The reserve of \$350,000 was created in 2021 to protect the Zone's financial stability and support the delivery of its strategic plan and projects.

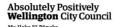
Board approval of specific future strategic projects will be required prior to reserve funding being allocated for their development. No funding was allocated in 2023.

Thank You

Netball Central Zone and the Pulse would like to thank our family of sponsors and funders for their committed and generous support in 2023.





























































Four Winds









