



Here are some great car ride conversation starters to support your child after their game:

 Joy & Fun

- “What made you smile today?”
- “What was your favourite moment on court?”
- “Did you have fun out there?”

 Effort & Growth

- “What did you work hard at today?”
- “What’s one thing you got better at?”
- “What will you try again next game?”

 Team & Spirit

- “Who worked really well with you today?”
- “Who lifted the team’s energy?”
- “What made your team click today?”

 Confidence & Reflection

- “What are you proud of today?”
- “What would you high-five yourself for?”
- “If you could replay one moment, which one?”

Credit and thanks to: [Waiuku Netball Centre](#)