



Netball Central

Poitarawhiti Ngakau

is pleased to invite coaches to an exciting
development opportunity presented by

Irene van Dyk

Former Silver Fern and current
Te Wānanga o Raukawa Pulse Specialist Coach

Tuesday 6th August
5pm – 6:30pm

\$20 each

Huntley School
Gymnasium

Wanganui Road
Marton



For enquiries
please contact:

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Netball Central

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021 244 6125

SINKING IT SWEET!

Irene's practical session will explore activities to help shooters increase volume and improve accuracy. Coaches will learn strategies to help shooters maintain consistency and success during critical moments and while under fatigue. Irene's international playing career spanned more than 20 years, regularly delivering the highest shooting accuracy in the game. A master in the art of shooting Irene has been sharing her knowledge and passion for the game in her role as Junior Development Officer for Netball Central Zone. This workshop is suitable for coaches at all levels.

SPACES ARE LIMITED SO REGISTER NOW:

www.sporty.co.nz/viewform/97509